

# Chamomile

## [HB154-500 - Bodegold Chamomile Seeds](#)

65 days. *Matricaria recutita*. Annual. Open Pollinated. Bodegold Chamomile. The plant produces high yields of chamomile flowers. This improved German variety has higher oil, higher yields, and larger flowers. The plant has white daisy flowers with yellow centers. Chamomile is used as a calming herbal tea and stimulates the immune system. Also known to treat inflammation, stomach disorders, depression, anxiety, and insomnia. Can be used fresh or dried. Grows well in poor soil. Attracts beneficial insects and is suitable for borders and landscaping. An excellent choice for home gardens



## [ES5 - Emergency Survival Herb Seeds Kit \(15 Herb Varieties\)](#)

This Emergency Survival Herb Seeds Kit has 15 different herb varieties. The seeds are specially dried and sealed for long-term emergency survival seed storage. All seeds are open-pollinated heirloom varieties and 100% non-GMO. This kit should be a priority for any preparedness plan for national food shortages, war, or national disasters. The seeds selected are adaptable to short-season climates and do well in all regions of the country and are easy to grow for first-time gardeners. It includes planting instructions and a seed-saving guide. The kit includes Anise, Basil, Borage, Chamomile, Cilantro, Dandelions, Echinacea, Fennel, Lavender, Lemon Balm, Marjoram, Mountain Mint, Peppermint, Rosemary, and Thyme. Buy and keep a supply of kits to provide for family security during times of uncertainty in the food supply chain. The kits are moisture-proof and come in a resealable bag.



## [HB22-1500 - German Chamomile Seeds](#)

65 days. *Matricaria recutita*. Annual. Open Pollinated. German Chamomile. The plant produces high yields of daisy-like flowers with an apple flavor. It is used fresh and dried to make great flavored relaxing tea, desserts, drinks, perfumes, and hair rinses. Aids in digestion and acts as a gentle sleep inducer. Because of the herb's antiseptic and anti-inflammatory properties, chamomile benefits conditions such as eczema, rashes, or insect bites. The dried flowers and leaves also make an addition to the potpourri. Also known as Common Chamomile. Drought Tolerant. An excellent choice for home gardens.



## [HB23-500 - Roman Chamomile Seeds](#)

65 days. *Chamaemelum nobile*. Perennial. Open Pollinated. Roman Chamomile. The plant produces high yields of daisy-like flowers with an apple flavor. It is known calming effect; both on the body and mind. It is used fresh and dried to make great flavored relaxing tea, desserts, drinks, perfumes, and hair rinses. Aids in digestion and digestive pain, and acts as a gentle sleep inducer. Because of the herb's antiseptic and anti-inflammatory properties, chamomile benefits conditions such as eczema, rashes, or insect bites. Hot tea eliminates mucus buildup. When added to a hot bath, it aids in muscle pain relief. The dried flowers and leaves also make an addition to the potpourri. Used as a ground cover for filling spaces between flagstones, cracks, and paths. An excellent choice for home gardens. A variety from the Mediterranean region.

