

# Mint

## [ES5 - Emergency Survival Herb Seeds Kit \(15 Herb Varieties\)](#)

This Emergency Survival Herb Seeds Kit has 15 different herb varieties. The seeds are specially dried and sealed for long-term emergency survival seed storage. All seeds are open-pollinated heirloom varieties and 100% non-GMO. This kit should be a priority for any preparedness plan for national food shortages, war, or national disasters. The seeds selected are adaptable to short-season climates and do well in all regions of the country and are easy to grow for first-time gardeners. It includes planting instructions and a seed-saving guide. The kit includes Anise, Basil, Borage, Chamomile, Cilantro, Dandelions, Echinacea, Fennel, Lavender, Lemon Balm, Marjoram, Mountain Mint, Peppermint, Rosemary, and Thyme. Buy and keep a supply of kits to provide for family security during times of uncertainty in the food supply chain. The kits are moisture-proof and come in a resealable bag.



## [HB3-1000 - Korean Mint Seeds](#)

85 days. *Agastache rugosa*. Perennial. Open Pollinated. Korean Mint. The plant produces good yields of flavorful green mint leaves with beautiful purple flowers. The leaves smell like licorice. Used in salads, stir-fries, and for seasoning meats and other dishes. Also makes a pleasing tea. It is known to help treat fevers and aid in digestion, chest ailments, and many other conditions. Excellent to make aromatic cut flowers. Easy to grow. Attracts beneficial insects and butterflies. An excellent choice for home gardens.



## [HB45-1000 - Lemon Balm Seeds](#)

70 days. *Melissa officinalis*. Perennial. Open Pollinated. Lemon Balm. The plant produces good yields of beautiful lemon scented leaves. Used to make delightful tea, sauces, salads, soups, stews, and summer drinks. It is said to stimulate the heart, calm the nerves, anxiety, honeybees, and butterflies, and upset stomachs. The leaves can be dried for storage. Attracts honeybees and butterflies. You should cut back the plant when it starts blooming if you don't want it to seed. An heirloom variety dating back over 2,000 years. An excellent choice for home gardens. A variety from Europe.



## [HB75-1000 - Mountain Mint Seeds](#)

85 days. *Pycnanthemum pilosum*. Perennial. Open Pollinated. Mountain Mint. The plant produces good yields of fragrant Mountain Mint leaves. It may be used just like peppermint. It has a wonderful menthol fragrance for potpourri. Used to make teas for indigestion, and fevers, and to regulate the menstrual cycle. White flowers attract bees and butterflies. An excellent choice for home gardens. A variety from the USA.



### **HB123-500 - Pennyroyal**

85 days. *Mentha pulegium*. Perennial. Open Pollinated. The plant produces excellent yields of aromatic mint-flavored leaves used in a variety of remedies and used in making tea to ease headaches. It can be added to desserts drinks and dips. Perfect for seasoning dishes, garnishes, and culinary creations. The plant is said to repel flies, gnats, chiggers, ticks, and mosquitoes! For medical uses, it is used to relieve dizziness and vertigo and is useful to help digestion, flatulence, and stomach problems. This crawling plant is used by homeowners to make permanent landscaping along walkways. Also used as an insect repellent and repel mice. An excellent choice for home gardens. United States Department of Agriculture, PI 197822. A variety from the Medeterrain region.



### **HB78-1000 - Peppermint**

85 days. *Mentha piperita*. Perennial. Open Pollinated. The plant produces excellent yields of very aromatic peppermint leaves. The leaves are used to make tea, candies, and desserts. Also used for treating the common cold, asthma, congestion, and indigestion. Attracts beneficial insects. Suitable for containers. An excellent choice for home gardens.



### **HB68-250 - Spearmint Seeds**

85 days. *Mentha spicata*. Perennial. Open Pollinated. Spearmint. The plant produces good yields of dark green spearmint leaves. This sweet smelling spearmint is used in candy, teas, jellies, desserts, lamb dishes, and salads. Also used as a garnish on ice cream, iced drinks, and melons. Adds fragrance to toothpaste, lotions, and tinctures. Spearmint tea is used for medical purposes to treat many ailments, including nausea, hiccups, and poor digestion. Suitable for containers. An excellent choice for home gardens. A variety from the USA.

