

## Herbs - B

### [HB153-500 - Banquet Parsley Seeds](#)

90 days. *Petroselinum crispum*. Biennial. Banquet Parsley. Open Pollinated. This semi-compact plant produces high yields of very favorable curled dark green parsley leaves. This is one of the finest varieties on the market. Excellent in salads, sauces, soups, and stews. It can be dried or used fresh. It shows good tolerance to cooler temperatures in late fall and overwintered plantings. Cold Tolerant. It is an excellent choice for home gardens, farmer's markets, and market growers.



### [HB193-10 - Bay Laurel Seeds](#)

*Laurus nobilis*. Perennial. Open Pollinated. Bay Laurel. This evergreen plant produces high yields of glossy green bay leaves. Bay leaves are the foundation of fine cooking and are used with soups, stews, meats, fish, poultry dishes, and spaghetti sauce. Can be used fresh or dried for robust spice. The essential oil from leaves is used to alleviate arthritis and rheumatism and to treat earaches and high blood pressure. Also known as Sweet Bay and Bay Leaves. The small shrub plant is frost-sensitive. Suitable for containers that can be moved indoors during winter. An excellent choice for home gardens, farmer's markets, and market growers. A variety from Italy.



**Note: Germination tends to be slow, but will germinate faster in warmer temperatures.**

### [HB28-100 - Black Cumin Seeds](#)

65 days. *Nigella sativa*. Annual. Open Pollinated. Black Cumin. The plant produces good yields of black aromatic seeds. It is used extensively in the Middle East and India. Used for making Russian rye bread and rolls. Seeds can be ground and used like Black Pepper too. The seeds have been used to make medicine for thousands of years. It helps boost the immune system, fight cancer, prevent pregnancy, reduce swelling, and lessen allergic reactions. Drought Tolerant. A variety from the Mediterranean region.



### [HB52-250 - Black Mustard](#)

*Brassica sinapis nigra*. Annual. Open Pollinated. The plant produces good yields of black mustard seeds. The seeds are ground and mixed with vinegar to make peppery brown mustard. Used to flavor meats and as a spice pickling. Black Mustard is mentioned in the Bible. A variety from the Mediterranean region.



### [HB94-1000 - Blue Vervain](#)

85 days. *Valeriana hastata*. Perennial. Open Pollinated. The plant produces good yields of green leaves with purple blossoms. Flowers will bloom from summer until fall. A medicinal herb is used as a sedative, relaxant, nerve tonic, antispasmodic, and analgesic, for nervous, and respiratory problems. Also used in combination to combat hot flashes and other symptoms related to menopause. An excellent choice for home gardens.



### [HB154-500 - Bodegold Chamomile Seeds](#)

65 days. *Matricaria recutita*. Annual. Open Pollinated. Bodegold Chamomile. The plant produces high yields of chamomile flowers. This improved German variety has higher oil, higher yields, and larger flowers. The plant has white daisy flowers with yellow centers. Chamomile is used as a calming herbal tea and stimulates the immune system. Also known to treat inflammation, stomach disorders, depression, anxiety, and insomnia. Can be used fresh or dried. Grows well in poor soil. Attracts beneficial insects and is suitable for borders and landscaping. An excellent choice for home gardens.



### **HB17-50 - Borage Seeds**

55 days. *Borago officinalis*. Annual. Open Pollinated. Borage. The plant produces good yields of flavorful leaves. The flower stalks and blooms are used as garnishes and to make summer lemonade drinks and desserts. The leaves and flowers are used in salads. The leaves can also be steamed or sauteed like spinach. Stems can be used like celery. It has a crisp cucumber flavor. Bees and butterflies love it. Also grown for its oilseed. Heat Tolerant. Drought Tolerant. An excellent choice for home gardens.



### **HB31-250 - Bouquet Dill Seeds**

85 days. *Anethum graveolens*. Annual. Open Pollinated. Bouquet Dill. The plant produces good yields of very flavorful leaves and seeds. Seeds are used as a pickling spice and leaves are used in omelets, fish dishes, soups, and salads. Also used as a garnish. Leaves can be dried for later use. An excellent choice for home gardens.



### **HB163-1000 - Breadseed Poppy Seeds**

*Papaver somniferum*. Annual. Open Pollinated. Breadseed Poppy. The plant produces excellent yields of poppy seeds. The seeds are used on bread, cakes, and bagels. In Middle Eastern delicacies, such as halva. The seeds also yield good quality oil that is used in salads and to make soap, ointments, and paints. It has opium, morphine, and codeine, a source of to control pain, coughs, and diarrhea. An excellent choice for home gardens.



### **HB86-500 - Dark Opal Purple Basil Seeds**

#### **1962 All-America Selections Winner!**

80 days. *Ocimum basilicum*. Annual. Open Pollinated. Dark Opal Purple Basil. The plant produces good yields of beautiful shiny deep purple basil leaves with pink flowers. Very fragrant and tasty with a strong peppery-tasting basil flavor. Used as a garnish, in salads, and to make flavored vinegar. Good type for drying. Suitable for containers. An excellent choice for home gardens.



### **HB184-500 - Thai Basil**

75 days. *Ocimum basilicum*. Annual. Open Pollinated. The plant produces high yields of basil leaves. The leaves are very aromatic. It has a unique flavor that is unlike other traditional basil. The aroma is stronger, it is sweeter, and has a peppery flavor. The Thai Basil has purple stems with green leaves. Excellent for soups, curry, and Vietnamese dishes. Suitable for containers. An excellent choice for home gardens. A variety from Thailand.

