

# Kale

## [KL5-750 - Dwarf Blue Curled Scotch Kale](#)

56 days. Brassica oleracea. Open Pollinated. This early variety produces flavorful green leaves. Great in salads, sandwiches, and soups. Also great steamed, boiled, baked, or stir-fried. Great freezing variety too! This variety withstands colder weather better than other varieties. It is one of the best frost-resistant kales on the market. Cold Resistant. An excellent choice for home gardens. An heirloom variety dating back to 1863. United States Department of Agriculture, NSL 80302.



## [KL6-750 - Dwarf Essex Rape](#)

60 days. Brassica napus. Open Pollinated. This early maturing plant produces excellent yields of kale. It is sweet, tender, and crunchy. Great for use in salads and on sandwiches. It is cooked in the same way as broccoli, boiled, steamed, or stir-fried. Dwarf Essex Rape is an excellent forage crop for livestock and wildlife including deer. Excellent choice for home gardens, market growers, and open field production. Heat Tolerant. Drought Tolerant. Cold Tolerant. United States Department of Agriculture, NSL 80306.



**Seeding Rate: 8-10 lbs. per acre**

## [KL4-750 - Dwarf Siberian Improved Kale Seeds](#)

50 days. Brassica oleracea. Open Pollinated. Dwarf Siberian Improved Kale. The plant produces excellent yields of very flavorful dark green kale leaves. Used fresh in salads, on sandwiches, or steamed, in stir-fries, or as a colorful garnish. An excellent choice for home gardens. An heirloom variety from Russia. United States Department of Agriculture, NSL 6148.



## [ES1 - Emergency Survival Seeds Kit \(21 Vegetable Varieties\)](#)

This Emergency Survival Seeds Kit has 21 different vegetable varieties with a shelf life of up to 10 years. The seeds are specially dried and sealed for long-term emergency survival seed storage. All seeds are open-pollinated varieties. Emergency Survival Seed Kit should be a priority for any preparedness plan for war or national disasters. The seeds selected are adaptable to short-season climates and do well in all regions of the country and are easy to grow for first-time gardeners. The sealed can contain approximately 1.4 lbs of seeds which is enough to grow a ¼ of an acre.



**Includes:** Bush Beans, Beets, Cabbage, Cantaloupes, Carrots, Corn, Cucumbers, Hot Peppers, Kale, Lettuce, Onions, Peas, Sweet Peppers, Radishes, Romaine, Spinach, Summer Squash, Winter Squash, Cherry Tomato, Slicing Tomato, Watermelons.

### [ES3 - Emergency Survival Seeds Kit \(32 Vegetable Varieties\)](#)

This Emergency Survival Seeds Kit has 32 different vegetable varieties. The seeds are specially dried and sealed for long-term emergency survival seed storage. All seeds are open-pollinated heirloom varieties and 100% non-GMO. Emergency Survival Seed Kit should be a priority for any preparedness plan for national food shortages, war, or national disasters. The seeds selected are adaptable to short-season climates and do well in all regions of the country and are easy to grow for first-time gardeners. It includes planting instructions and a seed-saving guide. The kit includes Beans, Beets, Broccoli, Brussels Sprouts, Cabbage, Cantaloupes, Carrots, Cauliflower, Celery, Corn, Cucumbers, Eggplants, Kale, Lettuce, Okra, Onions, Peas, Parsnips, Pumpkins, Radishes, Spinach, Squash, Sunflowers, Sweet Peppers, Swiss Chard, Tomatoes, Turnips, and Watermelons. Buy and keep a supply of kits to provide for family security during times of uncertainty in the food supply chain. The kits are moisture-proof and come in a resealable bag.



### [KL11-750 - Lacinato Kale Seeds](#)

62 days. Brassica oleracea. Open Pollinated. Lacinato Kale. This early-maturing plant produces high yields of flavorful blue-green kale leaves. It is sweet and tender. Used fresh in salads, on sandwiches, in soups, or cooked. It is best eaten when leaves are small and tender. The flavor is enhanced by frost! Also known as Dinosaur Kale, Tuscan Kale, Black Cabbage Kale, Black Kale, Black Palm Kale, Cavolo Palmizio Kale, Nero di Toscana Kale, and Tuscan Black Palm Cabbage. Suitable for hydroponics gardening. Cold Tolerant. An excellent choice for home gardens, market growers, and open field production. Grown by Jefferson at Monticello, Virginia, USA. A 1700s heirloom from Tuscany, Italy.



### [KL3-750 - Premier Kale](#)

55 days. Brassica oleracea. Open Pollinated. This early variety produces heavy crops of deep green kale leaves. Very flavorful. Used fresh in salads and on sandwiches or cooked. This variety stands 3 to 4 weeks longer than other varieties. Provides higher yields when seeded in the fall for spring harvest. Most gardeners will be able to overwinter plants started in the fall. Spring-started plants will get very large. Extremely high in antioxidants and beta carotene. Also known as Early Hanover Kale. It is a slow bolting variety that is best suited to cooler climates. Great variety for wildlife forage, preferred forage for deer. An excellent choice for home gardens and market growers. United States Department of Agriculture, G 30729.



### [KL2-750 - Red Russian Kale](#)

50 days. Brassica napus. Open Pollinated. This early variety produces excellent yields of flavorful red and blue-green kale leaves with pretty purple-red veins and stems. Very flavorful and tender. Perfect steamed, boiled, baked, soups, or stir-fried. Also a good freezing variety. Highly nutritional with powerful antioxidants. Very winter hardy, withstands colder weather, tolerates cold temperatures to -10 F. Cold-Tolerant. It will continuously produce greens throughout the season: spring, summer, fall, and winter. Also known as Buda Kale and Ragged Jack Kale. Suitable for hydroponics gardening. An excellent choice for home gardens, market growers, and open field production. A pre-1885 heirloom from Russia. United States Department of Agriculture, AMES 26645.



### [KL7-750 - Siberian Kale](#)

60 days. Brassica napus. Open Pollinated. This early variety produces excellent yields of light blue-green leaves with white stems and ruffled edges. Used fresh in salads and on sandwiches or cooked. It is one of the best varieties for salads. Light frost improves tenderness and flavor. Suitable for Northern parts of the country. Great variety for wildlife forage, preferred forage for deer. An excellent choice for home gardens. An heirloom variety from Russia. United States Department of Agriculture, AMES 26626



### [SS8-500 - Sprouting Mix Seeds](#)

4 to 6 days. Mixed. Open Pollinated. The plant produces excellent quality delicious mixed sprouts, including alfalfa, broccoli, kale, and radishes. The sprouts have a crisp mildly spicy flavor in various shades of green leaves and pink and white stems. Excellent in salads and other Asian dishes. One tablespoon of seed yields approximately 1 cup of sprouts. A variety from the USA.

