

## Herbs - M

### [HB109-250 - Mammoth Dill Seeds](#)

85 days. *Anethum graveolens*. Annual. Mammoth Dill. The plant produces very flavorful leaves and seeds. It has larger yellow flowers than other varieties. Seeds are used as a pickling spice and leaves are used in omelets, fish dishes, soups, meat, and salads. Also used as a garnish. Leaves can be dried for later use. A variety from the USA.



### [HB80-250 - Marshmallow Seeds](#)

90 days. *Althaea officinalis*. Perennial. Marshmallow. The plant produces velvety gray-green leaves with beautiful petaled pale pink flowers. Used to treat sore mouths, coughs, and treat wounds. Also said to aid women during childbirth. Roots are used to make Candy Marshmallows and leaves and shoots are used in salads.



### [HB147-250 - Mexican Tarragon Seeds](#)

85 days. *Tagetes lucida*. Perennial. Open Pollinated. Mexican Tarragon. The plant produces good yields of glossy green leaves and orange flowers. Leaves are used in vinegar, sauces, and salads. The flowers are used to garnish desserts and drinks with the same sweet licorice flavor as the leaves. It has a stronger flavor than Russian tarragon. Used by Southwestern chefs. Also known as Mexican Mint, Spanish Tarragon, and Winter Tarragon. Cold Tolerant. Heat Tolerant. Drought Tolerant. High Humidity Tolerant. Easy to grow. Suitable for herb gardens, flower beds, or containers. An excellent choice for home gardens.



### [HB124-500 - Moss Curled Parsley](#)

70 days. *Petroselinum crispum*. Biennial. Open Pollinated. The plant produces high yields of very dark green curled parsley leaves. It grows so thickly that the plant resembles a bunch of moss. Excellent for drying and use as a garnish. An excellent choice for home gardens. An heirloom from the USA dating back to 1904.



### [HB146-1000 - Mother of Thyme Seeds](#)

95 days. *Thymus serpyllum*. Perennial. Open Pollinated. Mother of Thyme. This spreading plant produces high yields of thick aromatic dark green Thyme leaves. Purple flowers appear in early summer. Used in salads, rice, and fish dishes. Medicinal herb used to treat sore throats, coughs, and mucus congestion. Also used as tea and massage oil. This is a winter hardy variety. Makes a good filler between pathway steps or at the front of the border. A sweet fragrance is released when it is walked upon. Cold Tolerant. Also known as Brotherwort Thyme, Wild Thyme, and Creeping Thyme. An excellent choice for home gardens.



### [HB50-250 - Motherwort Seeds](#)

85 days. *Leonurus cardiaca*. Perennial. Open Pollinated. Motherwort. The plant produces good yields of large leaves of Motherwort with tiny pink flowers. Used as a traditional female tonic. Dried leaves can be brewed into tea. A medicinal herb used as an emotional balancer, stress reliever, menstruation, and treatment of infertility. It can also help to treat an overactive thyroid. Also known as Lion's Ear and Lion's Tail. A member of the Mint family. An excellent choice for home gardens.



### **HB75-1000 - Mountain Mint Seeds**

85 days. *Pycnanthemum pilosum*. Perennial. Open Pollinated. Mountain Mint. The plant produces good yields of fragrant Mountain Mint leaves. It may be used just like peppermint. It has a wonderful menthol fragrance for potpourri. Used to make teas for indigestion, and fevers, and to regulate the menstrual cycle. White flowers attract bees and butterflies. An excellent choice for home gardens. A variety from the USA.



### **HB114-500 - Mrs Burn's Lemon Basil Seeds**

60 days. *Ocimum basilicum*. Annual. Open Pollinated. Mrs Burn's Lemon Basil. The plant produces good yields of 2 ½" long lemon-flavored basil leaves. The most lemony of all lemon basil. The plant has white flowers and very bright green leaves. The finest lemon basil around. Excellent for making vinegar and seafood dishes. Suitable for containers. An excellent choice for home gardens. An heirloom variety from New Mexico, USA.



### **HB51-1000 - Mugwort**

85 days. *Artemisia vulgaris*. Perennial. Open Pollinated. The plant produces good yields of beautiful fragrant leaves. Used to make tea to treat menstrual and menopausal problems. Also used for digestive problems to reduce bloating. Stimulates and improves memory. Good insect repellent. Easy to grow. An excellent choice for home gardens. A variety from the Mediterranean region.



### **HB120-1000 - Munstead Lavender Seeds**

110 days. *Lavandula angustifolia*. Perennial. Open Pollinated. Munstead Lavender. The plant produces beautiful lavender blue flowers. The plants bloom in early summer and if pruned lightly after flowering may rebloom in late summer. Munstead Lavender is the most fragrant variety. The flowers and leaves are also edible and used in salads and baked goods. The flowers can be used to garnish desserts. Used in bouquets, sachets, and perfumes. Also used to treat headaches, burns, and cuts. Used to repel moths, mosquitoes, and gnats. Cold Tolerant. Perfect for borders, rock gardens, and containers. An excellent choice for home gardens. A variety from the USA.

