# **Summer Drinks**

#### **HB17-50 - Borage Seeds**

55 days. Borago officinalis. Annual. Open Pollinated. Borage. The plant produces good yields of flavorful leaves. The flower stalks and blooms are used as garnishes and to make summer lemonade drinks and desserts. The leaves and flowers are used in salads. The leaves can also be steamed or sauteed like spinach. Stems can be used like celery. It has a crisp cucumber flavor. Bees and butterflies love it. Also grown for its oilseed. Heat Tolerant, Drought Tolerant, An experience of the product of the policy of the pol



oilseed. Heat Tolerant. Drought Tolerant. An excellent choice for home gardens.

#### **HB22-1500 - German Chamomile Seeds**

65 days. Matricaria recutita. Annual. Open Pollinated. German Chamomile. The plant produces high yields of daisy-like flowers with an apple flavor. It is used fresh and dried to make great flavored relaxing tea, desserts, drinks, perfumes, and hair rinses. Aids in digestion and acts as a gentle sleep inducer. Because of the herb's antiseptic and anti-inflammatory properties, chamomile benefits conditions such as



eczema, rashes, or insect bites. The dried flowers and leaves also make an addition to the potpourri. Also known as Common Chamomile. Drought Tolerant. An excellent choice for home gardens.

### **HB147-250 - Mexican Tarragon Seeds**

85 days. Tagetes lucida. Perennial. Open Pollinated. Mexican Tarragon. The plant produces good yields of glossy green leaves and orange flowers. Leaves are used in vinegar, sauces, and salads. The flowers are used to garnish desserts and drinks with the same sweet licorice flavor as the leaves. It has a stronger flavor than Russian tarragon. Used by Southwestern chefs. Also known as Mexican Mint, Spanish Tarragon, and Winter



Mexican Mint, Spanish Tarragon, and Winter Tarragon. Cold Tolerant. Heat Tolerant. Drought Tolerant. High Humidity Tolerant. Easy to grow. Suitable for herb gardens, flower beds, or containers. An excellent choice for home gardens.

# HB81-500 - Quedlinburger Neiderliegende Lemon Balm Seeds

70 days. Melissa officinalis. Perennial. Open Pollinated. Quedlinburger Neiderliegende Lemon Balm. This plant produces good yields of lemon-scented leaves. Used for delightful teas, sauces, salads, and summer drinks. Excellent for colds, flu, depression, headaches, and indigestion. This is an improved variety with increased yields, higher essential oil content, and better winter hardiness. An excellent choice for home gardens.



## HB105-250 - Salad Burnet

70 days. Sanguisorba minor. Perennial. Open Pollinated. The plant produces excellent yields of salad burnet leaves. It is very flavorful and tastes and smells like cucumbers. Used in salads, sandwiches, soups, and stews. Adds cucumber flavor to vinegar, cream cheese, and cold drinks. Also said to be used in facial treatments to improve skin. Also known as Pimpinella. Keep flowers cut to promote leaf growth.



Suitable for container gardening. An excellent choice for home gardens. \\

### **HB68-250 - Spearmint Seeds**

85 days. Mentha spicata. Perennial. Open Pollinated. Spearmint. The plant produces good yields of dark green spearmint leaves. This sweet smelling spearmint is used in candy, teas, jellies, desserts, lamb dishes, and salads. Also used as a garnish on ice cream, iced drinks, and melons. Adds fragrance to toothpaste, lotions, and tinctures. Spearmint tea is used for medical purposes to treat many ailments, including



nausea, hiccups, and poor digestion. Suitable for containers. An excellent choice for home gardens. A variety from the USA.

# HB141-100 - Stevia Seeds

120 days. Stevia rebaudiana. Perennial.
Stevia. Open Pollinated. The plant produces high yields of dark green leaves. It is used as a sweetener. Stevioside is 300 times sweeter than sugar but without calories. It can be used in place of sugar in drinks, baked goods, desserts, preserves, etc. Also plaque retardant and tooth decay inhibitor. It is a useful sweetener for diabetics and dieters and is used to treat blood pressure problems. Suitable for containers. An excellent choice for home gardens. A variety from South America.